

<b>Acute Site</b>		
<b>Acute and Deteriorating Stream</b>	A & D Rotations	<p>During this rotation, you will develop skills in treating high acuity patients who would deteriorate if they were not provided with intensive ongoing respiratory care for their condition.</p> <p>There are three grade 1 roles in A&amp;D – two in ICU (AM and PM shift) and one on the acute spinal cord injury ward (3 North). For the ICU rotations, the AM shift is between 8-5pm and the PM shift is 10-6.30pm</p> <p>Grade 1's in this stream may gain experience in the following areas:</p> <ul style="list-style-type: none"> <li>• Intensive Care Unit</li> <li>• High Dependence Unit</li> <li>• Ventilator Weaning Unit</li> <li>• Post-operative surgical patients (abdominal and thoracic)</li> <li>• Acute Spinal Cord Injury Unit</li> </ul>
<b>Early Rehabilitation Stream</b>	ER Neuro	<p>The Early Rehab- Neurological rotation involves working mainly on Level 6 at Austin Towers to provide treatment to stroke survivors or people with other neurological conditions such as Guillain Barre Syndrome, Multiple Sclerosis, Parkinson's Disease, or epilepsy. You may also manage survivors of critical illness. The aim of the service is to provide early intensive rehabilitation in acute to patients to either help patients to go straight home from the acute hospital or enable them to start rehabilitation early and prevent some of the deconditioning due to inactivity that may occur whilst in hospital.</p> <p>This rotation is supported by a Grade 3 Physiotherapist and Grade 2 Physiotherapist</p>
	ER TSC Ortho	<p>This rotation is primarily based at the Surgery Centre, Heidelberg Repatriation Campus. The surgery centre primarily manages elective surgeries and day cases. You may flex across to the acute site orthopaedic ward (8 North) as needed. You will gain skills in managing patients post fracture by working in the Fracture clinic (Monday 0900-1300 and/or Thursday 1330-1800 as rostered).</p>
	ER 8N Ortho	<p>This rotation is primarily based on the acute site orthopaedic ward 8 North. You may flex across to the Surgery Centre (Heidelberg Repatriation Hospital site) as needed. You will gain skills in managing patients post fracture by working in the Fracture clinic (Monday 0900-1300 and/or Thursday 1330-1800 as rostered).</p>
	ER Rover	<p>ER Rovers Rotation is part of the early rehabilitation stream and works with a G2 who directly supervises you and is there for doubles and to assist with complex DC planning. Working with G2 and other Rover G1 you assess and</p>

		prioritize patients for early rehab on the acute campus. It is patient centred goal-based care, and focused on applying the evidence to begin the rehab journey for Medical /Surgical and ICU survivors.
<b>Transition and Maintenance</b>	T & M General Medicine	<p>There are 2 rotations across Austin and Repat sites. Austin Tower work primarily on level 7 within the 3 General Medicine and Renal wards to provide acute physiotherapy services, discharge planning and follow up to prevent further episodes of care and improve outcomes for a variety of patients presenting with a range of either acute or chronic conditions. Ward 10 is an acute gerontology care ward and people admitted here benefit from specialist management of their complex gerontological conditions.</p> <p>The Gen Med team offer a consult service to other wards who have General Medicine beds (3N, 5W and 6E) for the more complex General medicine patients who benefit from their specialist skills.</p> <p>The Grade 1s develop skills in:</p> <ul style="list-style-type: none"> <li>- Triage and prioritisation of workload</li> <li>- Assessment Respiratory, musculoskeletal, neurological, falls and frailty</li> <li>- Managing complex patients</li> <li>- Developing multi-faceted discharge planning skills and wide knowledge of d/c options</li> <li>- Managing chronic medical conditions</li> <li>- Prognostication particularly in the frail population</li> </ul> <p>There is a team of senior Physiotherapists who work closely to support and build skills with the Grade 1s in this complex area.</p>
	T & M Oncology and Haematology	<p>This rotation is based at the Olivia Newton John Cancer and Wellness Centre, a purpose-built facility. The specialist services manage people diagnosed and receiving treatment for oncology and haematology conditions. This includes people undergoing Stem Cell transplants, Chemotherapy and Radiotherapy as well as surgical interventions related to the complications of these conditions.</p> <p>A key duty in this rotation includes running a daily evidence-based group exercise intervention for inpatients with the help of an Allied Health Assistant. The group is primarily for patients undergoing a Stem Cell Transplant (Allograft/ Autograft), but we also include past patients who are in for monitoring/ further treatment and anyone with a new diagnosis of haematological malignancy.</p> <p>There may also be the opportunity to work in the Outpatient exercise clinic.</p> <p>The specialist palliative Care service is also part of this rotation</p> <p>Grade 1 develop skills in:</p> <ul style="list-style-type: none"> <li>▪ Triage and prioritisation of workload</li> </ul>

		<ul style="list-style-type: none"> <li>▪ Exercise prescription to acute patients with focus on tailoring for chemotherapy cycles</li> <li>▪ Complex assessment and d/c planning including NDIS</li> <li>▪ Prognostication</li> <li>▪ Working with extend AH services, music therapy, massage and pastoral care</li> </ul> <p>This position works closely with the Grade 2 Oncology physiotherapist.</p>
	<p>T &amp; M Stroke, Neurology, Neurosurgery, General Medicine and Vascular surgery</p>	<p>The very busy and varied rotation is based primarily across wards 6 East and 6 West to manage both surgical and medical populations discharging directly from their inpatient admission. The populations include vascular surgery, neurosurgery (including spinal surgery), ENT surgery, stroke, neurology (including movement disorders and an array of neurological conditions) and epilepsy.</p> <p>Grade 1 develop skills in:</p> <ul style="list-style-type: none"> <li>▪ Triage and prioritisation of workload</li> <li>▪ Neurological assessment</li> <li>▪ Assessment of acute stroke and d/c follow to manage mild deficit and to prevent future Stroke</li> <li>▪ Assessment of Neurosurgery patients</li> <li>▪ Discharge planning of complex vascular surgery patients</li> <li>▪ Prognostication and d/c planning in the frail population</li> </ul> <p>This rotation sees the Grade 1 working closely with the Senior Neuro Physiotherapist in the ER Stream as well as a Senior Gen Med specialist Physiotherapist in the T&amp;M Stream</p>
	<p>T &amp; M Surgery and Respiratory</p>	<p>This grade one physiotherapist predominantly works between levels 5 and 8 to provide care to a variety of post operative patient groups including abdominal surgery, thoracic and cardiac surgery. There is opportunity to gain exposure to the Liver Transplant patient cohort.</p> <p>Trauma patients are also admitted to level 8 and often require T&amp;M assessment and management for rib fractures and other fractures. Respiratory patients include COVID 19 recovery, acute exacerbations of bronchiectasis and COPD There is also the opportunity to work with complex General medicine patients on level 5.</p> <p>Grade 1 develop skills in:</p> <ul style="list-style-type: none"> <li>▪ Triage and prioritisation of workload</li> <li>▪ Respiratory assessment</li> <li>▪ COVID 19 management and discharge planning</li> <li>▪ Chronic disease management</li> </ul> <p>The Grade 1 works closely with the senior Respiratory T&amp;M Physiotherapist</p>

	T & M Orthopaedics	<p>The T&amp;M orthopaedic Grade 1 works with in a strong orthopaedic focused team that flexes to cover wards: 8 North, SAEC, 2West and TSC. They primarily provide care to patients with acute plastics or orthopaedic conditions including joint replacements (shoulder, hip, knee), orthopaedic trauma including peripheral fractures, as well as spinal surgery. The Austin Fracture Clinic is also staffed by this team allowing exposure to the management of fractures in the OP setting.</p> <p>Grade 1 develop skills in:</p> <ul style="list-style-type: none"> <li>▪ Triage and prioritisation of workload</li> <li>▪ Orthopaedic assessment, management, and discharge planning in: <ul style="list-style-type: none"> <li>○ post-operatively and non-surgically managed fractures both in inpatient and outpatient settings</li> <li>○ Joint replacements including exposure to the Enhanced Recovery Program (ERP)</li> <li>○ Spinal surgery</li> <li>○ Mastectomy</li> <li>○ Post op plastic surgery</li> </ul> </li> </ul> <p>The Grade 1 works closely with Senior orthopaedic specialist Physiotherapists in both the T&amp;M and ER Streams.</p>
<b>Subacute Site</b>		
<b>Royal Talbot Rehabilitation Centre</b>	General and neuro rehabilitation	<p>This rotation is based on the Mellor ward and provides the opportunity to work in an intensive rehabilitation unit. The caseload may include managing patients after stroke, complex neurological conditions, critical illness survivors, post liver transplant, amputees, and chronic disease management. Therapy sessions may include land-based and/or aquatic based therapy and may be delivered in 1:1 or group formats.</p> <p>You will work closely with a large multidisciplinary team including medical, nursing, OT, social work, speech pathology, clinical psychology, neuropsychology, orthotics and prosthetics, and leisure services. You will have the opportunity to learn skills in complex discharge planning, including navigating the NDIS for new and existing clients.</p> <p>This rotation is supported by a Grade 4 Physiotherapist, two Grade 3 Physiotherapists and two Grade 2 Physiotherapists and you will also work very closely with a Grade 3 Exercise Physiologist</p>
	Acquired Brain Injury Rehabilitation	<p>The Royal Talbot ABI unit is a 13-bed state-wide brain injury rehabilitation service. You will have the opportunity to work with a younger, more complex patient population including patients with a mix of traumatic and non-traumatic brain injuries with varying levels of physical and cognitive impairment. You will increase your</p>

		<p>confidence in managing people with complex behaviour disturbances. You will work closely with a very experienced multidisciplinary team to provide holistic patient-centred care including team goal setting and implementing behaviour support plans.</p> <p>This rotation is supported by a senior Neuro Physiotherapist, and you will also work closely with a Grade 3 Exercise Physiologist and interdisciplinary allied health assistant.</p>
	Spinal Cord Injury Rehabilitation	<p>The Spinal Cord Injury rehabilitation ward is a 20-bed ward and part of the state-wide Victorian Spinal Cord Service (VSCS). The VSCS provides services to all Victorians and Tasmanians, and to people in the Murray district of New South Wales. This is an 8-month rotation and provides you with the opportunity to develop clinical skills in managing complete and incomplete spinal cord injuries. You will develop skills in teaching complex transfer techniques, wheelchair set-up and prescription, aquatic physiotherapy and working with funding bodies such as TAC and NDIS to facilitate people to transition to the community from hospital.</p> <p>This rotation is supported by a Grade 3 Physiotherapist and two Grade 2 Physiotherapists.</p>
<b>Heidelberg Repatriation Centre</b>	Ward 11	<p>The Ward 11 rotation works closely in the Ward 11 multidisciplinary team to provide evidence-based clinical care to subacute aged care inpatients. The key populations include orthopaedic or GEM conditions and will provide you with opportunity to build skills in complex discharge planning, including understanding and managing dignity of risk. You will also build skills in multidisciplinary management of delirium, contributing to family meetings and patient goal setting.</p> <p>This rotation is directly supported by a Grade 3 Physiotherapist and a Grade 2 Physiotherapist.</p>
	Ward 12	<p>This rotation is based on an aged care subacute ward at the Heidelberg Repatriation Hospital. The caseload includes providing care to stroke survivors and other neurological conditions, as well as GEM patients. There is a large Allied Health treatment space available and provides you with the opportunity to utilise a wide variety of equipment such as a Lite Gait (with BWS treadmill training), over-head tracking system, BURE, standing frames, Nu-Step and motor-med. You will work closely with experienced neurological clinicians to build your clinical reasoning and manual handling skills. You will also develop skills in multidisciplinary management of cases, team goal-setting and complex discharge planning.</p> <p>This rotation is directly supported by a Grade 3 Physiotherapist and a Grade 2 Physiotherapist.</p>

<b>Community Stream</b>	Victorian Respiratory Support Service	<p>The VRSS rotational physiotherapist is primarily based on the Ventilating Weaning Unit (Ward 5 West), and reviews patients located elsewhere as required (e.g.in ICU and Ward 3 North), supported by the Grade 3 and Grade 4 VRSS physiotherapists.</p> <p>During this double rotation (8-months) you will have the opportunity to complete advanced training to become a VRSS Accredited clinician who can work independently or under the supervision of seniors to implement both invasive and non-invasive ventilation, manage VRSS patients admitted to the ward when acutely unwell and work with patients having respiratory therapy, weaning from ventilation or rehabilitation in the Ventilator Weaning unit on 5W.</p>
	Post-Acute Care (PAC)	<p>The PAC rotation is based at the Austin site with the opportunity to participate in supervision with a Grade 2 physiotherapist in the Community Stream. Austin physiotherapy offers a purchased home visiting service to Austin Health Independence Programs (HIP services) and Hospital in the Home. The role of this service is to support patients in the home environment under the following scenarios:</p> <ul style="list-style-type: none"> <li>• Short-term home-based assessment or intervention immediately following an acute or subacute admission or emergency department presentation</li> <li>• Specialist assessment and intervention for clients requiring assessment, monitoring and intervention following admission for a respiratory or cardiac illness with follow up cardiopulmonary rehabilitation as indicated</li> <li>• Chronic and complex cases where physiotherapy involvement may prevent hospital presentation</li> </ul> <p>Where appropriate, services may be delivered via a Telehealth service model by phone or video consultation.</p> <p>During this rotation, you will also have the opportunity to participate in the multidisciplinary rehabilitation programs which include pulmonary and cardiac rehabilitation. These services are delivered either via outpatient groups or telehealth. We are often a participating site in large clinical trials in the rehabilitation programs which provides a great introduction into clinical research.</p>
<b>Outpatients</b>	Orthopaedic outpatients	There are two outpatient rotations where you will have the opportunity to enhance your musculoskeletal / orthopaedic knowledge, assessment, and treatment skills, through providing direct clinical care to physiotherapy outpatients.

		<p>Outpatient Services are primarily face-to-face; but phone and telehealth are also integrated into our service model. Participation in group-based treatment programs makes up a significant clinical component of the rotation, supporting patients following elective surgery including joint replacement / ACL, orthopedic trauma and common non-surgical presentations including OA and LBP. Groups provide rotation staff the opportunity to work alongside more experience senior musculoskeletal physiotherapists. All rotating staff are also involved in leading hydrotherapy group sessions.</p> <p>In orthopaedic outpatients you will work in a supportive and progressive team environment with highly experienced physiotherapists, many with post-graduate musculoskeletal qualification and working in advanced musculoskeletal practice roles. Rotating staff will have exposure to “co-treatment sessions” with senior staff to supporting their clinical development and learning objectives.</p> <p>Outpatients provides clinical education across several undergraduate and post-graduate musculoskeletal programs and has a well-established local professional development and Journal Club for rotating staff to participate in. The Outpatient service has well established links with the Australian Physiotherapy Association, hosting several APA aquatic and musculoskeletal events annually.</p>
<b>Research</b>	Research rotation	<p>The research physiotherapist rotation is an 8-month role, based in the Melbourne School of Health Sciences office on the main Austin Health campus. You will work as a research assistant for members of the research team, including helping with project development, recruiting, assessing, implementing, data entry and collection, data analysis and presentation. You will work closely with the Professor of Physiotherapy Dr. David Berlowitz. You will learn about the different stages of research projects and may even be an author on a peer reviewed journal article!</p> <p>You will learn how to:</p> <ul style="list-style-type: none"> <li>• screen and consent eligible research participants</li> <li>• understand current study protocols</li> <li>• assess or implement therapy as per study protocols and the study role (blinded or not blinded)</li> <li>• liaise with various stakeholders for relevant studies – other MDT members, administrators, investigators, patients, and families (both at Austin and various other trial sites)</li> </ul>

		Current research projects that you may be involved with include Abdo-FES (functional electrical stimulation of abdominal muscles in spinal cord injury), SCI-MT (early and intensive motor training in spinal cord injury), COVID recovery or NIV@Home (non-invasive ventilation at home in people with motor neurone disease).
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